



Mat Warriors Wrestling Clinic



When: Saturday May 10th

Where: Central High School (Louisville)

1130 West Chestnut Street

Louisville, KY 40203

Cost: \$37.00

Age level: All age levels are welcome to participate

What to bring: Wrestling shoes, two pairs of workout gear.

**Limited to the first 75 Wrestlers that register (Call or Email Coach Nickel to reserve your spot)

Clinicians: Derek Nickel LWC Assistant Coach, Jameel Bryant 2x NAIA National Champion

Registration: Wrestlers should expect to arrive no later than 9:30 A.M. to register and have shoes on ready to wrestle by 10:00 A.M. sharp. **\$37.00 fee and waiver form are to be turned in before wrestling begins.**

What to Expect: During each session, high level technique will be discussed and shown. Wrestlers can expect to wrestle live with a diverse group of talented athletes. This is a perfect opportunity to prepare for the season which is our focus for this clinic. The time to prepare is **NOW!**

There will be two sessions:

First session: 10-Noon

Break for lunch: Noon-1

Second session: 1-3

If you have any questions or concerns regarding the Mat Warriors Clinic please feel free to contact **Coach Nickel at (270) 634-2063 or by email derek.nickel@lindsey.edu.**

Mat Warriors Wrestling Clinic Waiver

Wrestlers name: _____

Weight: _____ Age: _____

School: _____

Contact info: _____

May we contact you about future clinics and/or camps? _____

Emergency Contact: _____

*If your Student-Athlete has any medical conditions or special needs please list them below.

**Lindsey Wilson College, Central High School or any of its affiliates assume no responsibility for any lost or stolen items, or any injury or illness that may occur.

Parent/Guardian Signature: _____

Student-Athlete Signature: _____

